

# BRUNCH DA RIA

## Especial Dia da Mãe

### VIENNOISERIE E SELEÇÃO DE PADARIA

Croissants, pastéis de nata,  
folhados, biscoitos e panquecas  
Scones caseiros  
Seleção de pães  
Seleção de compotas

### OPÇÕES SAUDÁVEIS & NATURAIS

#### OVERNIGHT OATS:

De frutos vermelhos  
De cacau e avelã crocante (Plant-Based)  
Pudim de chia com granola caseira

#### BOWLS

**Sementes:** Chia; Linhaça dourada; Sementes de Abóbora; Sementes de Girassol; Frutos secos  
**Doces naturais e funcionais:** Mel; Ácer; Geleia caseira light; Granola caseira com frutos secos

Mesa de queijos e charcutaria

#### DO PEQUENO-ALMOÇO

Ovos mexidos  
Tosta de abacate com ovo BT  
Bacon; Cogumelos salteados

#### DO ALMOÇO

Arroz de pato  
Bacalhau com broa  
Caril de grão e tofu fumado  
com arroz de jasmim (Plant-Based)

#### VERRINES

Saladas simples e guarnições  
Ceviche de robalo com manga  
do Brasil, lima e malagueta  
Brusquetas de azeitona preta, azeite e manjeriço  
Cogumelos recheados com queijo  
fresco e alho francês (Vegetariano)  
Cogumelos recheados com bacon e queijo da serra  
Wraps de salmão fumado e alface romana

#### SALGADOS

Empadas de galinha  
Bolinha de alheira com molho barbecue  
Mini chamuças de vegetais

#### CARROZZA ITALIANA

Risoto de cogumelos e trufa (Plant-Based)  
Fusilli tricolor com tomate  
cherry e manjeriço (Plant-Based)

#### CANTINHO DAS CRIANÇAS

Pizzas; Nuggets; Esparguete à Bolonhesa  
Chips; Chupa-chupas; Gomas

#### SOBREMESAS

Torta de cenoura (Plant-based)  
Brownie de chocolate e nozes  
Bolo Red Velvet  
Crema Catalana  
Mini pastéis de nata  
Seleção de frutas da época

#### BEBIDAS ESPECIAIS

Detox do dia; Limonada; Sumo de laranja  
Espumante  
Seleção de café e chá

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# RIA BRUNCH

## Mother's Day Special

### VIENNOISERIE AND BAKERY SELECTION

Croissants, custard tarts, pastries,  
biscuits and pancakes  
Homemade scones  
Selection of breads  
Selection of jams

### HEALTHY & NATURAL OPTIONS

#### OVERNIGHT OATS:

Red berries  
Cocoa and crunchy hazelnuts (Plant-Based)  
Chia pudding with homemade granola

#### BOWLS

**Seeds:** Chia; Golden flaxseed; Pumpkin seeds;  
Sunflower seeds; Dried fruit  
**Natural and functional sweets:** Honey; Maple syrup;  
Homemade low-sugar jam; Homemade  
granola with dried fruit

Cheese and Charcuterie Selection

### BREAKFASTSELECTION

Scrambled eggs  
Avocado toast with egg at low temperature  
Bacon; Sautéed mushrooms

### LUNCH SELECTION

Duck rice  
Cod with cornbread, Portuguese style  
Chickpea and smoked tofu curry  
with jasmine rice (plant-based)

### VERRINES

Simple salads and side dishes  
Sea bass ceviche with Brazilian mango, lime and chilli  
Black olive bruschetta with olive oil and basil  
Stuffed mushrooms with fresh  
cheese and leek (Vegetarian)  
Stuffed mushrooms with bacon and Serra cheese  
Smoked salmon wraps with romaine lettuce

### SAVORY SELECTION

Chicken pies  
Alheira sausage balls with barbecue sauce  
Mini vegetable samosas

### ITALIAN CARROZZA

Mushroom and truffle risotto (Plant-Based)  
Tricolour fusilli with cherry tomatoes  
and basil (Plant-Based)

### KIDS' CORNER

Pizzas; Chicken nuggets; Spaghetti Bolognese  
Crisps; Lollipops; Jelly sweets

### DESSERTS

Carrot cake (plant-based)  
Chocolate and walnut brownie  
Red velvet cake  
Crema Catalana  
Mini custard tarts  
Selection of seasonal fruits

### SPECIAL DRINKS

Detox of the day; Lemonade ; Orange juice  
Sparkling wine  
Selection of coffee and tea

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